

2010 CODE OF CONDUCT ARDEN PARK DOLPHINS

PURPOSE:

The purpose of this code is to promote the best possible individual and team behavior at all times. Proper discipline can help prevent injuries and vandalism, and create an atmosphere where team members can concentrate on their swimming and have fun at the same time. The code applies to all swimmers participating in the Arden Park Dolphins Swim Team program at any practice session, meet, social event, etc. related to swim team.

GENERAL CONDUCT:

- All participants will follow the coach's instructions during all practice sessions and swim meets.
- Swimmers are expected to act in a courteous and respectful manner toward coaches and teammates at all times.
- Disruptive action or abusive language is not acceptable and will not be tolerated.
- All Arden Park Recreation and Park District Pool Rules will be observed and respected at all times.

DISCIPLINE:

- First time or minor infraction – Swimmer will sit out, swim extra laps, or perform exercises as instructed by Coaches.
- Repeated minor offenses or single serious offense – Coach will discuss the situation with the parent and notify Swim Team Board President. The swimmer may be barred from practice or meet participation at Coaches and/or Board's discretion; parent will be notified accordingly.
- Offenses deemed extremely serious in nature or continual repeated violations – The Swim Team Board President, in conjunction with the Swim Team Board and Coaches, reserves the right to remove a child from the Swim Team.

I have read the Code of Conduct for the 2010 Arden Park Dolphins Swim Team and agree to abide by the general conduct policy at all times. I understand that if I do not abide by this policy, I will be subject to the discipline policy as stated in the Code of Conduct.

Swimmer Name

Swimmer Signature

Parent Signature

Date
